



247 W. NINE MILE ROAD
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JAYE SPIRO

6TH – DEGREE BLACK BELT
 Ai Mute Shotokan Karate
 5TH – DEGREE BLACK BELT
 Modern Arnis

OWNER AND DIRECTOR

KARATE • SELF-DEFENSE • FILIPINO STICK FIGHTING

FALL 2009 CALENDAR

SAT SEPT 26	Karate Brown and Black Belt Class 3 – 4:30 PM
TH OCT 1**	Quarterly dues and Fall locker rental fees due
	Arnis Black and Brown Belt Class 7:15 – 8:30 PM
FRI OCT 2**	Meet to Continue 30 th Anniversary Plans 8 PM
SAT OCT 3	Karate Brown and Black Belt Class 3 – 4:30 PM
WED OCT 7**	Black Belt Meeting 6:30 PM
FRI OCT 18*	MEJISHI 30 TH ANNIVERSARY no studio classes
SUN OCT 20	ADULT RETREAT AT SONG OF THE MORNING
THUR OCT 22	Arnis Black and Brown Belt Class 7:15 – 8:30 PM
SAT OCT 24	2 nd Annual FILIPINO MARTIAL ARTS SEMINAR to be announced Hosted by Master Bill Barker
FRI OCT 30**	O’SENSEI VISITS MEJISHI YOUTH 5 -6 PM
SAT OCT 31	Karate Brown and Black Belt Class 3 – 4:30 PM
TH NOV 5	Arnis Black and Brown Belt Class 7:15 – 8:30 PM
FRI NOV 6***	KARATE PRE-TESTS Yellow+Black, Blue, Blue+Black 5 PM Purple, Purple+Black, 6 th Kyu Green 6:15 PM Higher Green and Brown Belt Levels 8 PM
SAT NOV 7	Black Belt Club – More Weapons Training 1:30 PM Karate Brown and Black Belt Class 3 – 4:30 PM
MON NOV 9**	KARATE PRE-TEST Yellow+White 5:30 PM
TU NOV 10	KARATE PRE-TEST Yellow Belt 5 PM

MON NOV 16**	ARNIS PRE-TESTS all levels 7:45 PM
WED NOV 18**	ARNIS PRE-TESTS higher levels 7:45 PM
TH NOV 19	Arnish Black and Brown Belt Class 7:15 – 8:30 PM
WED NOV 25* - FRI NOV 27	THANKSGIVING HOLIDAY no classes
MON NOV 30**	Karate testing fees due: \$20/\$25 (under 18/18 yrs up)
TH DEC 3	Arnish Black and Brown Belt Class 7:15 – 8:30 PM
FRI DEC 4***	KARATE TEST 9 Han Kyu incl breaking 5 PM All testing for Kyus above 9 Han – part one 6 – 8:30 PM
SAT DEC 5	KARATE TEST Yellow Belt up – part two 11 AM – 1:30 PM
MON DEC 7**	Arnish Testing fees due: \$20/\$25 (under 18/18 yrs up)
TU DEC 8	New Yellow+ White belt Karate class begins 6 PM
FRI DEC 11**	Parents meeting to plan Youth Holiday Party 5 PM
SAT DEC 12	ARNIS TEST 11 AM – 1:30 PM
TH DEC 17	Arnish Black and Brown Belt Class 7:15 – 8:30 PM
FRI DEC 18*****	CHILDRENS' HOLIDAY PARTY 5 PM Last class of the year for kids
SAT DEC 19	Karate Brown and Black Belt Class 3 – 4:30 PM
MON DEC 21*****	JOINT MARTIAL ARTS WORKOUT for STUDENTS 6:45 PM IN TEEN + ADULT KARATE + ARNIS STUDENTS HOLIDAY PARTY 8:15 PM
MON JAN 4, 2010**	Classes resume for the year
TH JAN 7	Arnish Black and Brown Belt Class 7:15 – 8:30 PM
FRI JAN 8**	Quarterly dues and Winter locker rental fees due
SAT JAN 9	Black Belt Club 1:30 PM Karate Brown and Black Belt Class 3 – 4:30 PM
WED JAN 13**	Black Belt Meeting 6:30 PM

*No children' s or adult classes. **All classes will still be held. ***No Sparring Class. ****No Kids' Classes. *****No Adult Classes